COVID-19 Community Resources

Contact Jan Wessell at 717-649-6817, wesselljm@gmail.com if you would like assistance on locating available services or you would like to volunteer to research the availability of services (local, state, federal) and legislative policies being put into practice to help people maintain stable lives during this crisis. In addition to working with any of you on individual needs, we will update this general information piece periodically as new services, policies and websites become available.

Members of the Palmyra Church of the Brethren have also started a program to provide free delivery of food and personal care items to people confined to their homes because of the COVID19 epidemic. This service will be available to people who may be infected or potentially infected, as well as those who are not, and will not require recipients to have internet access or to use a computer. Anyone wanting this service, or anyone interested in making deliveries, call Don Martin at 717-838-0211 or Cindy Weatherholtz at 717-421-0403.

Our assistance to these services is currently limited only to individuals and families listed in our church directory. The information in this document, however, may be shared with anyone.

________________________________________________________

Pandemic Unemployment Assistance: provides unemployment benefits to those who are unemployed due to COVID 19 but not eligible for PA Unemployment Compensation. To learn about eligibility and to apply click here.

Caretakers of people with developmental disabilities: Download a form to assist health care professionals with the care and treatment of patients with intellectual and developmental disabilities. COVID-19 Emergency Form

Children's' Health Insurance Program (CHIP) changes due to COVID-19. Read more here.


People with disabilities: https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus-accessible-.pdf (3/30/20)

Expiration of PA driver and ID licenses: All expiration dates for driver licenses, identification cards, learner’s permits, persons with disability placards, vehicle registrations, and safety and emission inspections are extended due to the outbreak of COVID-19. Expiration dates from March 16, 2020 to April 30,2020 are extended through May 31, 2020. For more information, visit www.dmv.pa.gov or www.PennDOT.gov.

Mental Health Support: PA Dept. of Human Services is partnering with the Center for Community Resources to offer a 24/7 mental health and crisis support line for people dealing with anxiety or other difficult emotions. Call The Mental Health Support line toll-free at 1-855-284-2494. You can also call Lebanon County Crisis Intervention at 717-274-3363.
Easy Face Mask: Here are directions for making a face mask that requires no sewing. Watch this video.

COVID19 Resources for seniors: https://www.casey.senate.gov/coronavirus/seniors. See information on health and supportive services, economic support, Medicare coverage for COVID19 testing and treatment, and the effect of SSI and SSDI on the projected cash payment.


Agriculture jobs: Services from the USDA as well as resources from you USDA Service Center. Go to https://www.farmers.gov/coronavirus.


Medical information:
- Wellspan Health: www.wellspan.org/coronavirus
- Penn State Hershey Medical Center: https://yourcare.pennstatehealth.org/acton/fs/blocks/showLandingPage/a/34718/p/p-002c/t/page/fm/0

Experiencing a reduction in work hours or loss of job: You may be eligible for Unemployment Compensation Benefits if your employer has temporarily closed, your hours have been reduced, or you have been told not to report to work to avoid getting or spreading the virus. For more information and the form to apply for benefits, go to www.uc.pa.gov/Pages/covid19.aspx. Email a request for information to uchelp@pa.gov. Call the statewide unemployment compensation contact service at 1-888-313-7284.

Small business information:
- Grant Scams and Fraud: If your small business has applied for an economic stimulus payment through the CARES Act, see the Lebanon Valley Chamber of Commerce’s advisory list for potential scams and fraud at https://lvchamber.org/covid-19-business-response/.
- Go to https://dced.pa.gov/programs/covid-19-working-capital-access-program-cwca/ for information about the COVID19 Working Capital Access (CWCA) loan programs for small businesses affected by this emergency. This program is part of the PA Dept. of Community and Economic Development.
- You can find information on the Paycheck Protection Program (PPP) which provides loans for small businesses to help them keep employees on the payroll. Go to the U.S. Small Business website at Guidance on the Paycheck Protection Program.

Possible exposure to COVID-19 at work and information about Workers’ Compensation: You can find out about eligibility for Workers’ Comp benefits at https://www.uc.pa.gov/COVID-19/Pages/UC-COVID19-FAQs.aspx. Click on UC Benefits COVID19 FAQs” in the box to the right for updated versions of this page.
**Health insurance coverage for COVID-19 treatment:** Call the PA Dept. of Insurance at (800)548-9034 or go to this website [https://www.health.pa.gov/topics/disease/Pages/Coronavirus-Insurance.aspx](https://www.health.pa.gov/topics/disease/Pages/Coronavirus-Insurance.aspx).

**Loss of health insurance due to COVID-19:** If you have lost your employer insurance, you are eligible for a Special Enrollment Period for insurance through the federal Marketplace. If you currently have insurance through the Marketplace and due to loss of income can no longer pay premiums, you may be eligible for either subsidies to lower your premium or you may be eligible for Medicaid. Go to [www.healthcare.gov](http://www.healthcare.gov) to update your income on your account or apply for insurance.

**Health Insurance Update.** There is discussion that the federal health insurance Marketplace may open enrollment due to the COVID19 emergency, but this has not happened. If you have lost employer health insurance, you have only 60 days from date of loss to apply for individual health insurance through the federal Marketplace. Go to [www.healthcare.gov](http://www.healthcare.gov) to do an online application or call 1-800-318-2596. If you have Medicaid, those benefits will remain until the end of the emergency declarations unless you permanently leave PA or you terminate the benefits yourself. You can still apply for Medicaid at [www.compass.state.pa.us](http://www.compass.state.pa.us) or by phone at 1-866-550-4355.

**Assistance with utility bills:** On 3/13/2020, the PA Public Utility Commission signed an emergency order that prohibits the termination of utility services (gas, electric, water, etc.) for nonpayment. For updated PUC press releases and other information related to utility changes due to COVID19, go to [http://www.puc.pa.gov/about_puc/covid_19.aspx](http://www.puc.pa.gov/about_puc/covid_19.aspx).

**Help with food and childcare:**
Penn State Cooperative. [www.extension.psu.edu/lebanon](http://www.extension.psu.edu/lebanon). Search this site for articles and recipes for crockpot meals, sheet pan meals, dried beans and veggies. 

The USDA Food and Nutrition Service, [https://www.fns.usda.gov/disaster/pandemic/covid-19](https://www.fns.usda.gov/disaster/pandemic/covid-19) has information about SNAP (Food Stamps) and WIC benefits and requirements. 

Head Start and IU-13, [https://paheadstart.org/covid-19-resources/](https://paheadstart.org/covid-19-resources/) provides information on Food and Nutrition Services, Child Care guidance for providers and consumer. If you are interested in applying for Head Start for the 2020-2021 school year, call 717-450-1512 to begin the electronic process.

**If you have kids at home:**
- [learningathomepa.org](http://learningathomepa.org). The PA Dept. of Education and PA’s public television stations are collaborating on the Learning From Home project to provide learning experiences for all ages.
- Sesame Street is offering free eBooks, videos and games for kids at [https://www.sesamestreet.org/caring](https://www.sesamestreet.org/caring).

**Update to prescriptions through PACE:** The Department of Aging is relaxing restrictions in the PACE program that require a person to use 75 percent of their medication before seeking a refill. Enrollees who wish to receive that exception must have their pharmacy provider contact PACE at 1-800-835-8040. All PACE enrollees should be able to receive free home delivery of medications from their pharmacy. Enrollees who have difficulty obtaining their refills can call Cardholder Services at 1-800-225-7223.
The United Way of Lebanon County’s COVID-19 Community Support: https://www.unitedwaylebco.org/CommunitySupport. Find information on connecting with a wide range of county resources.

Palmyra Community Library: www.palmyracommunitylibrary.org
Check out Libby, a downloadable option for books and magazines
The staff will post links to resources for children like ‘Home Safari Resources’ from the Cincinnati Zoo & Botanical Gardens, https://cincinnatizoo.org/home-safari-resources and ZooAmerica’s virtual visits with animals at https://www.facebook.com/ZooAmerica/.
The library has a Facebook presence, too. One of the features is Miss Amy, the children’s librarian, reading a book for pre-K and Kindergarten children.

Access to COVID-19 news:
• State: https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx
• The Patriot News (Harrisburg) and The New York Times are making their daily coverage available without a subscription. To get The Patriot News, go to www.pennlive.com. To get The New York Times, go to https://www.nytimes.com and click on any article you want to read. You will receive a sign-in page asking for your email address only and stating there is no subscription required.

Groceries:
• Giant Direct - https://giantfoodstores.com/shop-online/peapod/ phone 1-800-573-276
• Walmart - https://grocery.walmart.com/ phone 1-800-966-6546
• Redner’s Market - www.rednersmarkets.com 717-838-2062
• Weis Market - https://www.weismarkets.com 717-838-6823

Pharmacies:
• CVS Pharmacy, 717 East Main St, Palmyra https://www.cvs.com 717-838-8242
• Palmyra Pharmacy, 22 East Main St, Palmyra https://www.palmyra-pharmacy.com/
  717-838-1300
• Redner’s Market Pharmacy, 110 Northside Drive, Palmyra www.rednersmarkets.com
  717-838-2062
• Rite Aid Pharmacy, 980 East Main St, Palmyra https://locations.riteaid.com/locations/pa/palmyra/980-east-main-street.html 717-838-8878
• Walmart Pharmacy, 1000 N. Londonderry Sq., Palmyra https://www.walmart.com/cp/pharmacy/5431
  727-838-7761
• Weis Market Pharmacy, 901 East Main Street, Palmyra https://www.weismarkets.com/refill-my-prescription 717-838-2336 or 717-838-3670